

Bulletin 0

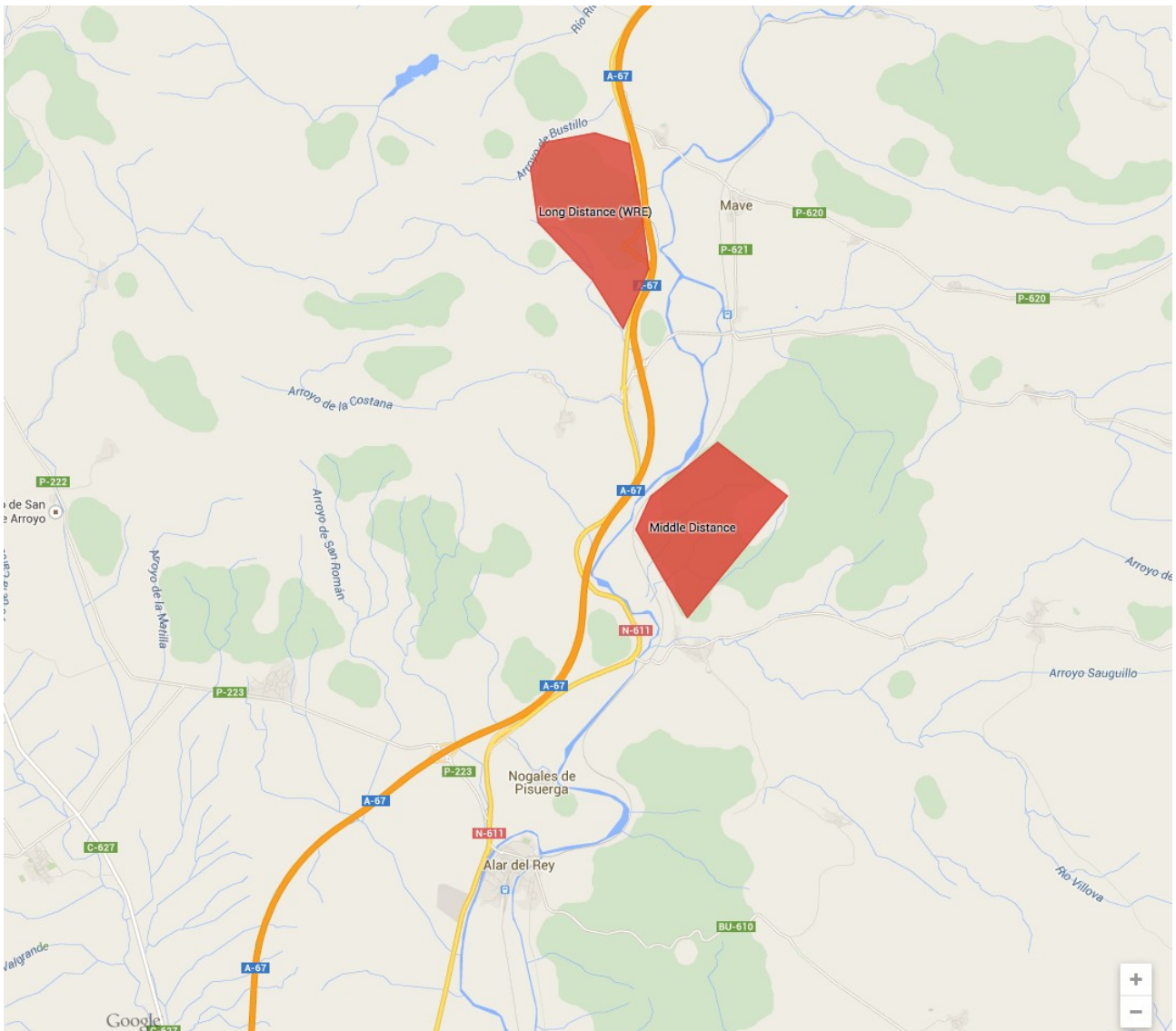
The "Trofeo Internacional Nacimiento del Canal de Castilla" will be held on 21th and 22th March 2015, at Alar del Rey (Palencia, Spain), where the *Canal de Castilla* (one of the most important civil engineering works of the nineteenth century in Spain, that gives its name to this championship) is born.

This orienteering trophy consists of two races (long distance: 21th March, and middle distance, 22th March) which count towards the Spanish League 2015. **Long distance is also included in the International Orienteering Federation's World Ranking Series.**

All participants will be given a little gift from the organisation, but only those who have completed the two races will compete for the Trophy (by addition of the time achieved in the long and in the middle distance).

TERRAIN DESCRIPTION

All races will be held very close to Alar del Rey (less than 10 km far away from that village), where new maps have been made for both competition days. The first-day map (long distance, WRE) has been made by Portuguese mappers, and the second-day (middle distance) by Spanish mappers, in an attempt to offer a variety to the competition from the cartographic point of view.



Saturday, 21th March. Long distance:

Becerril del Carpio:

New map made by Portuguese mappers and revised by ORCA club at the end of 2014.

This forest has adult pine and reforestation pine with terraces and other areas of oak with different penetrability. There are open fields, as well as crops sometimes bordered with impenetrable vegetation.

There are also rocky areas with cliffs of different heights, and a variety of land forms.

Climb is moderate/hard in some parts and there are some paths or tracks and power lines that may be used as a reference.



Sunday, 22th March. Middle distance:

Peña Colorada:

With moderate/hard climb, it is a map with oaks and pines of different penetrability. Runnability is sometimes limited (pinewood area) by reforestation terraces over 1.5 meters high. There are very fast and open areas, tough.

The richness of rock details and valleys in the map, added to the thick vegetation, can seriously challenge the runner.



MORE ORIENTEERING

Moreover, ORCA Orienteering Club want to offer the opportunity to do specific trainings before (and after!) the competition in maps of the area.

Friday, 20th March:

Event centre opens.

Training in maps of the surrounding area.

Model Event.

Saturday, 21th March:

Long distance (WRE). *Becerril del Carpio*.

Anti-official Race (evening).

Sunday, 22th March:

Middle distance. *Peña Colorada*.

Prize giving ceremony.

Monday, 23th March:

Training in maps of the surrounding area.

Tuesday, 24th March:

Training in maps of the surrounding area and also in maps close to Palencia city (in maps with vegetation labyrinths).

From these training maps close to Palencia city and surroundings, and as a complement for all orienteering teams who wish (or also independent runners), we want to connect with our neighbour clubs from Valladolid, COV and CDP-O, to offer an "orienteering fortnight" with trainings in different maps.

Our friends from COV Orienteering Club will take up the baton with trainings in their pinewoods as a warm up for their 2015 Regional League (28th and 29th March) to, then, pass it to their neighbours from CDP-O Orienteering Club, who are organising the 2015 Spanish Championship, which will be held at Portillo (Valladolid, Spain) between 1st and 5th April (Easter).

This training program is subject to changes for better coordination between the 3 aforementioned clubs.

ENTRIES

Entries of all competitors with 2015 FEDO license shall be done through Federation's SICO system.

Fees for "Trofeo Internacional Nacimiento del Canal de Castilla" will be:

With FEDO license:

Open, M/W20 and below: 5€/day

M/W21 and over: 9€/day

Without FEDO license:

M/W 12, 14, 16 and Open: 7€/day

M/W 18 and 20: 11€/day

M/W21 and over: 15€/day

Deadline for entries will be 10th March 2015 at 23.59h.

If you also want to do some of the trainings offered, you will have to complete a specific form on orienteeringonline.net

The fee per each training will be 2€/map.

Fees and entries for Anti-official race: to follow.